Abisi Adult Education Center







Back to School: Learning Together, Growing Together

We're so excited to welcome everyone back for a new school year at Abisi Adult Education Center! Whether you're continuing your journey or just beginning, this year is all about working together to reach your goals.

Whether you are an ESOL or HSE student attending morning or night, in-person or remote, here at Abisi or at one of our many satellite locations -- the first day of classes is always filled with excitement as students get to know their teachers and peers.

Building a strong classroom community is important, and as you improve your English, you'll also be supporting and learning from each other.

We're here to help you every step of the way—let's make it a great year!

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Book Club Encourages Reading with Games & Fun

Carrie and Daisy's classes have already started Book Club activities. Every week, always on Thursdays, the two classes will gather for games around the library.

At the project's debut on September 12th, students were separated into groups to choose library books with different themes. This way, while improving their vocabulary, they are also encouraged to read.

Good reading, everyone!





Student Advisory Council: Your Voice, Your School

Abisi Adult Education Center has an important platform for student participation -- the Student Advisory Council (SAC). The objective of the council is to bring together representatives from each of the ESOL and HSE morning classes to voice concerns, give suggestions, and evaluate the services provided by the school.

Meetings are held monthly and take place in the Computer Room (Lower Level) and are attended by the AAEC Director, Betty McKiernan. After the meetings, SAC representatives share announcements and updates with their class.

Becoming a member of the SAC is a great way to practice English and be involved in shaping the daily life of our school! Plus, SAC members receive points (AAEC Reward Center) for their participation! First SAC Meeting of 2024-25 School Year Tuesday, November 12th 10:00 – 11:00 am in Computer Lab – Basement Level



Reward Program "Kicks Off" November 14th!

The Reward Program is an incentive-based program that awards students points for outstanding monthly attendance, participation in activities, and/or achieving set goals.

New to Abisi? Not sure how the Reward Program works? Read on for more details.

How do I know how many points I get for attendance, participation, and goal achievement? It varies. Each goal has a pre-assigned point value -- ask your teacher for details. (For example: outstanding attendance =5 points, vote in an election = 5 points)

How does AAEC know how many points I have?

Students should notify their teacher when they complete a goal. Once a month, students will receive a statement showing the total points they've earned.

What can I get with my Reward points?

With over 40 items in our Reward Program Store (and more to come!), there's lots to choose from. Prizes/rewards start at 2 points and go as high as 70 points. Students also have the option to save and accumulate points for larger rewards.

Here are just a few of the items you will find in the Reward Center Store:

- pens, notebook, stress balls (2 5 points each)
- USB thumb drive, travel mugs, water bottle, t-shirt (8-12 points each)
- tote bag, calculator, grammar book, dictionary (20-35 points each)
- vest, jacket (50-70 points each)

When can I get my prize/reward?

Each class will have a designated time to redeem their points for prizes/rewards. Times will also be posted in *The Melting Point* newsletter.

Where can I find the the Reward Center to redeem my points for prizes/gifts?

The Reward Center is located outside Room 3 on the first floor. Giovanna, our Student and Staff Support Assistant, manages the Reward Program.

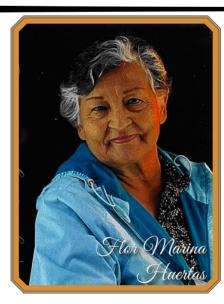
Remember:

- Reward points are valid only for the 2024-2025 school year.
- Points are non-transferable and cannot be given to another student.
- Points must be redeemed (used) by the end of the school year or before leaving the program!

November 14th: Reward store opens for students of Carrie, Daisy, Donna, & Meg (Th/Fri)

November 18th:

Reward store opens for students of Liz, Martha, Meg (M-W), & HSE classes



In Memory of Flor Huertas April 15, 1944 - August 29, 2024

It is with deep sadness that we share the news of the passing of Flor Huertas, a former student at Abisi Adult Education Center. Flor was a valued member of our community, and her presence will be missed by all who knew her.



Inside the Classroom: Student Interviews

Starting this month, "The Melting Pot" will feature a student profile from Abisi Adult Education Center. This section will highlight the inspiring life stories of our students.

This month's profile is on Richard Dao (Martha class). Known for his good humor and constant smile, **Richard Dao** is from Vietnam and is a proud father of two sons, ages 15 and 17. He shares his biggest challenges and expresses his gratitude: "Thank you very much, all my love to AAEC."

Richard Dao has been attending AAEC since 2022. He is currently a student in Martha's class.

What is your name and where are you from?

Xin chào, Hello, Hola, Olá, Bonjour! My name is **Richard Dao.** I'm 48 years old. I came from Vietnam and I have been in the United States for 3 years.

What is the biggest challenge(s) you have faced when immigrating from your country to the US?

In the beginning, the biggest challenge was the language.

I was nervous and confused when I went to markets, restaurants, fast food stores, or public offices, etc. It's because I couldn't understand, I couldn't speak English, I couldn't listen...until I started my first English class at AAEC in September 2022.

How do the classes at AAEC influence your experience in America?

I MUST DEFINE Myself, step by Step, to improve My English.

~Richard Dao

My English is much better. I feel comfortable conversing and communicating with everyone. All of the teachers and official assistants have made it very interesting to learn English. I love all of you ♥♥♥♥.

Do you have a dream you would like to achieve?

I have a dream. I would like to set up my own business so I can travel all over The US.



Richard entertains AAEC students at the holiday party in 2023.

Last year you were very successful singing at our school's Christmas party. Is singing one of your hobbies?

Yes, I like to sing on the weekends! I sing karaoke at my house. I sing English songs, so I can practice my English. I like pop music and was inspired (early on) by Michael Jackson - he was amazing!

Yes, I sang three songs at the [Christmas] party: "What A Wonderful World" by Louis Armstrong, "Hello, Goodbye" (the Beatles), and "Lemon Tree."

What do you like to do when you're not at school?

I like watching movies and reading books. Before becoming a student at Abisi, I didn't like reading books. Now, love reading. It's amazing! I like to read suspense books. Whenever I have free time I like to read books. I also like to watch movies.

Would you like to share a message with your fellow students at Abisi before we close our interview?

I must define myself, step by step, to improve my English. It's never too late to go to AAEC English classes, where your dream will come true. Thank you very much -- all my love to AAEC!

Update: Richard was recently selected to participate in a social media campaign for Public Adult Education of MA. Where he will share his Adult Education story. We're excited for you! Congratulations, Richard!

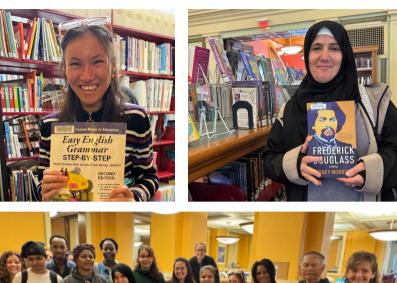




HSE Students Visit the Pollard Memorial Library

A group of HSE students took a trip to the Pollard Memorial Library this month. Students registered for library cards and were given a tour of the library. We learned about the many resources the library has to offer including discounted museum passes, computer access, printing capabilities, and citizenship preparation courses. We also learned about the many ways we can use the library while preparing for the GED or HiSet Exam. The library has GED and HiSet study guides and many online resources that we can use!

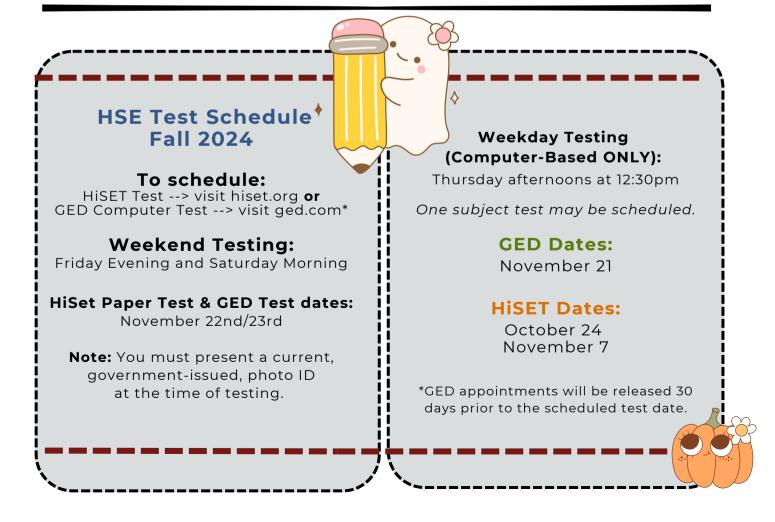
A special thank you to Assistant Director of the Library, Bridget Cooley. She always gives a wonderful tour and informs us of all the things the library has to offer!





~Alison McCarthy





CARING FOR YOUR HEALTH

October is Domestic Violence Awareness Month

What is domestic violence?

Domestic violence happens when one person in a family or relationship hurts or controls another person. It can be physical (like hitting or pushing), financial (controlling money, refusing to let the victim work), or it can be emotional (like saying mean things, controlling behavior, or threatening the victim's immigration status).

There are many kinds of abuse, not just those *listed above*.

Everyone has the right to be safe & respected.

Read about the warning signs and resources available -- it might help save your life or the life of someone you care about.



The color purple is a symbol for domestic violence awareness. It represents the strength, courage, & perseverance of survivors & is used to honor & support them.

Domestic Violence Warning Signs



Know the Signs

- Domestic violence is more than physical violence. An abusive partner may:
- Show extreme jealously
- Insult, demean, or shame you
- Press you to use drugs or alcohol
- Prevent you from spending time with friends, family, or peers
- Destroy your belongings

Get Help

- In an emergency, call 911.
- Lowell Police: 978-937-3200
- Alternative House: 888-291-6228 (crisis line)
 - shelter, legal advocacy, & support
 - all services are confidential
 - https://www.alternative-house.org/
- The Center for Hope & Healing (978-452-7721)
 counseling, legal advocacy for sexual assault victims
 - 24 hour hotline: 800-542-5212
- National Domestic Violence 24/7 hotline: 800-799-7233 (SAFE)

Get 4 FREE At-Home **COVID** Tests by Mail

Every U.S. household is eligible to order 4 free at-home tests. COVID-19 testing can help you know if you have COVID-19 so you can decide what to do next, like getting treatment to reduce your risk of severe illness and taking steps to lower your chances of spreading the virus to others. Your order of COVID tests is completely free – you won't even pay for shipping.







Meet the Abisi team: The People Who Make a Difference October's Staff Spotlight is on ESOL Teacher - Chris O'Keefe

In this new feature, we are excited to introduce the amazing teachers and staff at AAEC. These are the people who work hard every day to support and help you succeed. This month, we will kick off (start) our series with Chris O'Keefe who currently teaches ESOL Level 5 online. Chris is passionate about helping students achieve their goals and always brings a positive attitude to the classroom. Let's get to know him a little better!

How did you get started working in adult education, teaching ESOL (English for Speakers of Other Languages)?

I began my ESOL career as a *volunteer** classroom aide. Several months later, my (then) boss asked about my career goals. I realized that I felt most *fulfilled* (satisfied, happy) the two nights a week I was in the classroom. A week later, I told my boss that I planned to *return* (go back) to school to change careers.

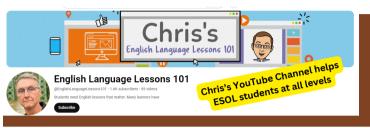
How long you have been teaching ESOL? What levels do you teach?

I began teaching in the Fall of 2017. I've taught all levels, but I *currently* (right now) teach Level 5 online here at AAEC.

I enjoy the life I lead & constantly strive to be better at whatever I do.

CHRIS O'KEEFE

What inspires you?



Scan to visit Chris's English

Prior to (before) my interest in ESOL, I had spent some years *tracing my family history,** *culminating* (ending) in trips to Ireland and Poland. The *courage** of my ancestors* (family members who lived a long time ago) to leave everything and come here to try to make a life was impressive. This was *particularly* (very, especially) true for the family members who came from Poland. They didn't speak English and lived in a Polish neighborhood in Chelsea. That spirit and courage is still alive in our students.

Tell us about your hobbies, interests, and future plans:

My wife and I are a foster family for dogs from the animal shelter in Manchester, NH. We usually have a dog living with us while waiting to find their forever home. **Typically** (usually), these dogs aren't doing well at the shelter due to medical or *behavioral* (describing how a person/animal acts) reasons. We were home to a mother dog and seven puppies for seven weeks this past summer. That was a *unique* (being special in some way) experience.

My other hobbies include cycling, hiking, exercise, and photography. Future plans? I don't have any specific future plans. I enjoy the life I lead and *constantly* (always) *strive* (try very hard) to be better at whatever I do.

I heard some ESOL students (in Martha's class) talking about your YouTube channel. Can you tell us more about it?

Yes. I started a YouTube channel in 2023. I was playing with it to try to help more people and also put materials online that would help our students. It began to grow enough that I wondered if getting *monetized* (making money) was a possibility. [It never did.] I *discontinued* (stopped) making videos last summer. While the *quality* (how good or bad something is) of my videos had improved, I thought that to get to the place that would *attract a larger audience* (get more viewers), it would require more effort than I wanted to spend. I *came away from the experience** with a great respect for those who do have successful YouTube channels. They have a lot of skills and work hardbourage (noun): bravery or strength to do something difficult or scary

*Definitions from text:

volunteer (adjective): used to describe a person who does work without being paid, usually to help other

tracing (one's) family history (phrasal verb): Looking for and learning about your family's past, like who your relatives were and where they came from.

courage (noun): bravery or strength to do something difficult or scary

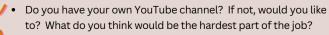
to come away from (an) experience (phrasal verb): to change your

mind or think differently about someone or something after something has happened

Hour About

• Have you ever traced your family history? Why or why not?

If so, what did you discover (find out) about your *ancestors*?
 Or, what do you *think* you might discover about them?



• Have you ever *come away from an experience* thinking differently about yourself, someone or something? What happened, and how did it change your thinking?

HOLIDAY NEWS & ACTIVIT

AAEC Annual Food Drive October 28 - November 1

We are hosting our annual (held every year) food drive and want to invite students to participate by donating unopened, non-perishable food (items that don't need refrigeration).

Donation Drop off:

Outside Room 3 (first floor, AAEC)

All collected food will go to a local food pantry where it will help families in need.

Please, do not donate expired food. Thank you!

Why do kids say "Trick or Treat?" What does it mean exactly?

Kids, dressed up for Halloween, use the phrase "trick or treat" when they knock on neighbor-hood doors asking for candy.

first appeared in a Canadian newspaper in 1927!

This phrase first started in Canada, but has commonly used in the United States since the 1940s.

"Trick or Treat?" implies the question: will you give me a treat, or do I have to play a trick on vou instead?

~adapted from vocabulary.com

Looking for family fun this Halloween?



Don't forget to check our calendar (page 13) to see where to take the kids for Halloween activities and Trick or Treating!

Winter is on the way!

Do you need Fuel Assistance? Plan on applying for Holiday Family Assistance (food/gifts)?

> Now is the time to ask about application deadlines & requirements!



SCAN HERE

CTI Home Energy Assistance Program (HEAP)



UE

Suggested Wish List Items:

Salt, Flour, & Sugar	Ethnic Foods					
Spices, Seasonings/Herbs	Personal Hygiene Products					
Pasta, Rice, & Noodles	Toothbrushes & Toothpaste					
Canned Vegetables, & Soups	Deodorant					
Coffee, Tea, & Hot Chocolate	Body Wash					
Beans, Gandules, & Chickpeas	Shampoo & Conditioner					
Soy Sauce	Razors & Shaving Cream					
Canned Tuna	Sanitary Pads					
Cereal & Oatmeal	Body Moisturizers					
Gluten-free Items	Face Cream					



IN THE COMMUNITY



	MILL CITY GROWS
	armers Markets
MAY-OCTOBE	R 2024 LOWELL, MA
	s Market travels across the city uits, vegetables, and MORE!
TUESDAYS 10am-2pm	Lowell Community Health Center 161 Jackson Street May 7 - October 29
WEDNESDAYS 2pm-6pm	The Sweet Bar 500 Pawtucket Street May 8 - October 30
THURSDAYS 10am-2pm	Lowell Senior Center 276 Broadway Street May 9 - October 31
FRIDAYS 2pm-6pm	CTI Lowell Farmers Market 350A Dutton Street June 7 - October 11
WellSense, Apple	P, WIC and Senior Farmers Market Coupons, P Pay, Mill City Grows e-Gift Cards, 9 Grocery Card, cash, credit, debit
MillCityGrows.	org • 978-455-2620
Thank you to our M	obile Farmers Market supporters!
pgi BANK OF AMERI	
FOODS	







MassHire Visits AAEC

On October 16, representatives from MassHire Career Center visited AAEC to help students learn how to improve their chances of getting a job. Students were also able to sign up to become MassHire members.

MassHire (masshirelowellcc.com) provides many services for people looking for a new job or wanting to learn new skills that are in demand. These skills can help you stay competitive in today's job market.

The MassHire team can help you with job searches, finding better jobs, meeting local employers, and connecting with useful tools and resources. For more information, you can talk to Cindy or Margie here at Abisi in rooms 5 and 6.



Abisi students listen as MassHire discuss employment and job resources



Students ask questions and sign up to become a MassHire member -- It's FREE!



MassHire talk to students about the many services available on-site and online





In September, students from Carrie & Daisy's classes voted for the best tasting apples - red, green, or yellow.



Renando casts his vote for best tasting apple -- RED!





Students from Carrie & Daisy's class show off their Outstanding Attendance certificates Great job to all who were awarded certificates last month. Keep up the good work!

Mock Elections Coming to Abisi

Election season is here! This year is extra special because the country will also be voting for the President of the United States. Presidential elections happen every four years, and this one is just around the corner. This year, election day is November 5th.

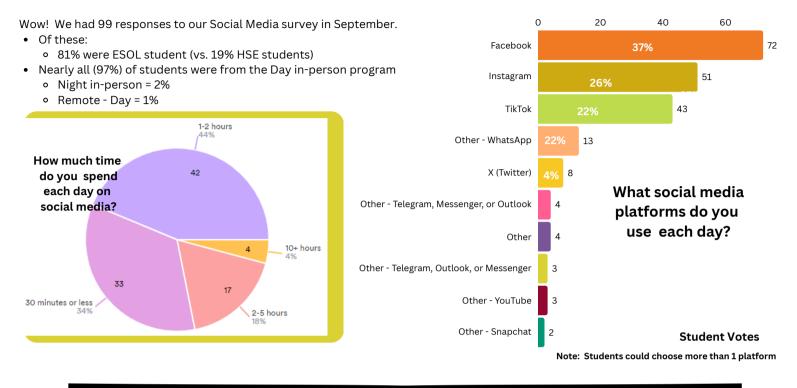
At Abisi, we will be holding mock elections to help our adult ESOL students learn how the voting process works in the U.S. A mock election is a practice run that allows students to experience everything from registering to vote to casting a ballot.

This hands-on activity will help you understand how real elections work and why participating is important. You'll learn the steps involved, practice voting, and get familiar with ballots and polling stations-all in a fun, stress-free environment!



Abisi Mock Elections will take place November 1st & 4th.

🕻 Abisi Survey Central 🏅





How Do You Practice English Outside of Class?

Here at Abisi, we want to know how you practice your English when you are not in class



Scan the QR code to let us know! We will publish the results in next month's Melting Pot newsletter!

Word Search

Can you find all the words in the puzzle below? **Autumn**

K C E N E K R R T G K E R E P H L M C Y R A N N R E A A OCTOBEL APPLE I	P E A R B L E N	B R W N L	S R H F H A V	R P K T Y Y Z	Α > (Γ / /	O A K T L H S A	L A L E C P	O R I R R L C G	C H M E T S E	C Y M T O L E E	N R B L E K S	S E R H A A E	E R A N V R A	A Y L E S U	T B A C Z S L S	HARVEST CHILLY THANKFU WHEAT MAZE RED COLORS MAPLE TR GEESE SWEATEF ORCHARI PUMPKIN PEAR
M L M C M R A N R L A A M A A A N N N R L A A N N R L A	K	С	Ε	N	١	Ε	K	R	R	T	G	K	E	R	E	LEAVES RAKE OCTOBER
	-				_	-	-						_			
	U	R	В	V	/	Ρ	Η	N	Η	Ε	Α	D	Ε	G	Ε	

Play this puzzle online at : https://thewordsearch.com/puzzle/817/

School Activities Calendar OCTOBER 2024

